

32nd GRIP Harmony 5K Walk/Run To End Homelessness and Hunger

To Register as a runner/walker:

- 1. Fill out this form completely
- 2. Sign and date the waiver at the bottom of this form
- 3. Enclose your \$25 registration payment
- 4. Fill out a separate form for each runner/walker

First and Last Name of Runner/Walker:				Date:
Please indicate if you will be:	Running	Walking		
Name of Organization/ Company	(if any):			
Birthday:	Age:		Gender:	
Address: (City, State, Zipcode)		<u>l</u>		
Phone:		Email:		
*Note: shirts will be available fo Shir		the Registration		the day of the Event
Mail Entry Forms and Checks Pa Greater Richmond Interfaith Pro Waiver: In consideration of you accept waive or release any and all right and of GRIP, and all of their agents assisting wall injuries to me or my personal proper during or after the event. I recognize, i	ogram 165 22 nd S cing this entry, I, the claims for damage o with the event, spor erty. This release ind ntend and understa	e participant, intend or injuries that I may asor and their repres cludes all injuries and and that this release	ing to be leg have agains entatives an d/or damage is binding o	ally bound and herby t the Event Organizer, d employees for any and es suffered by me before, n my heirs, executors,
administrators or assignees. I certify as ohysically fit and sufficiently trained fo verified by a licensed Medical Doctor. I children under 18 years of age) having	r the completion of By submitting this e	f this event and that entry, I acknowledge	my physical	condition have been
Print	Sign	ature		Date

^{*}Parents Signature for Children under 18 years of age